

Elisabetta D'Agata

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Date of birth: 15th /04/1976. **Nationality:** Italian

Education

2014-2018-: **Master in Body Psychotherapy in Biosynthesis** (European Association for Psychotherapy)

2008-11: **PhD in Health and Clinical Psychology.** Ramon Llull University, Barcelona.

2007-2008: **University Master's Degree Research in Health and Clinical Psychology.** Ramon Llull University, Barcelona.

2003-4: Master in *Ergonomics*. University of Palermo.

2000: **Degree in Clinical Psychology.** 110/110 cum Laude University of Palermo.

1990 - 94: Palermo High School: Classical studies in Liceo Clásico G. Garibaldi.

Work Experience

2012-2015: Barcelona. **Researcher** in Vall d'Hebron Hospital Research Institut. Topic: Quality of Life of Adolescents with Idiopathic Scoliosis.

2013-2018: Adolescent Scoliosis Group Management for emotional and body expression. Vall d'Hebron Hospital

2013-2017: Body Psychotherapy Teacher (discontinuous classes) in University of Girona (IESP) and Universitat Oberta Catalunya (UOC)

Professional experience in Education:

25-25 May, 2017. **National Physical Therapy Course in Spine deformity.** Lecture: "Quality of life and psychological profile of adolescent with Idiopathic scoliosis". Organization: Vall d'Hebron Hospital. Barcelona.

Julio, 2016 and 2017, **1st World Master Course:** Principles and Practice of Scoliosis Conservative Treatment ISICO: clase online: *Idiopathic scoliosis: psychological issues.*

Additional information

- 2016: Accreditation Certificate of EuroPsy Specialist in Psychotherapy
- 2016: General Health Psychologist Certificate.
- 2017: Certificación de Inglés, nivel B4 (Institut of Research Vall d'Hebron)
- 2012: Certification of Spanish language, C2 (Instituto Cervantes, DELE)
- Set. 2011: Enrollment in the College of Psychologists (Cataluña). N.:19640
- Julio 2011: Homologation of the Bachelor's degree in Spain

Informatic knowledge

Word, Access, Excel, Power Point. SPSS. SAP. Internet: high level

Publications

D'Agata, E., Sánchez-Raya, J., & Bagó, J. (2017). Introversion, the prevalent trait of adolescents with idiopathic scoliosis: an observational study. *Scoliosis and Spinal Disorders*, 12, 27

D'Agata E, Rigo M, Pérez-Testor C, Puigví NC, Castellano-Tejedor C. Emotional indicators in young patients with Idiopathic Scoliosis: a study through the drawing of Human Figure. *Scoliosis*. 2014 Dec 12;9(1):24.

Matamalas A, Bagó J, D'Agata E, Pellisé F. Reliability and validity study of measurements on digital photography to evaluate shoulder balance in idiopathic scoliosis. *Scoliosis*. 2014 Dec 14;9(1):23.

Matamalas, Bagó, D'Agata, Pellisé. Body image in idiopathic scoliosis: a comparison study of psychometric properties between four patient-reported outcome instruments. *Health Qual Life Outcomes* 2014, 12:81

Matamalas A, Bagó J, D'Agata E, Pellisé F. Does patient perception of shoulder balance correlate with clinical balance? *Eur Spine J*. 2015 Apr 24.

Matamalas A, Bagó J, D'Agata E, Pellisé F. Reliability and validity study of measurements on digital photography to evaluate shoulder balance in idiopathic scoliosis. *Scoliosis*. 2014 Dec 14;9(1):23.

Bago, D'Agata, Sánchez-Raya (2013). "La Calidad de la información sobre escoliosis disponible online en español.". *Rehabilitación*

D'Agata, Pérez Testor y Rigo. *Spanish validation of Bad Sobernheim Stress Questionnaire (BSSQ (brace).es) for adolescents with braces*. *Scoliosis* 2010, 5:15

Book's Chapter

D'Agata E, Pérez-Testor C. (2012). *Health Related Quality of Life in Adolescents with Idiopathic Scoliosis* in Recent Advances in Scoliosis. Ed. InTech

Participation and communications in Congress

05/05/2017: SOSORT (Lyon, Francia): Social Anxiety among Adolescents with Idiopathic Scoliosis: any relations with Body Image?

12/12/2015, 2nd Iberian Institutional Meeting, Center for Somatic Psychotherapy in Biosynthesis (Lisbon): Adolescent scoliosis in the light of Biosintesis

2015, SOSORT (Katowice, Polonia):

1. D'Agata E, Sánchez-Raya, J. Which are the personality traits of the patients with Adolescent Idiopathic Scoliosis?
2. D'Agata E, Sánchez-Raya, J. How many Scolioses do exist in the same person? A zoom vision on the perception of the patient

2014, SOSORT (Wiesbaden, Alemania):

1. D'Agata. Adolescent Idiopathic Scoliosis: psychological aspects.
2. D'Agata E, Matamalas A, Bagó J. Body image in Idiopathic Scoliosis: a comparative study of psychometric properties among four patient-reported-outcome instruments
3. D'Agata E, Sánchez-Raya J, Bagó: Degree of suitability of information (DSI) for children with Idiopathic Scoliosis and their parents.

2012, SOSORT (Milan): E D'Agata, C Pérez-Testor, S Negrini y M Rigo. What is the role of self-esteem in adolescents with idiopathic scoliosis under a conservative treatment?

2011, SOSORT (Barcelona): E D'agata, C Pérez-Testor, M Rigo, S Negrini y V Cigoli. Health related quality of life in adolescents with idiopathic scoliosis: a cross-cultural comparison between two methods of treatment.

2009. Montreal (Canada): E D'Agata, C Pérez Testor y M Rigo. Psychological changes during one-month course of Barcelona Scoliosis Rehabilitation School (BSRS)

Hobbies

I love trekking, dancing, expressing myself by dance-theatre, listening to music, travelling, reading.

I have a blog about the psychological dimensions of scoliosis:
www.psicoescoliosis.wordpress.com