

CURRICULUM VITAE

*Public Health and Epidemiology PhD
Graduate in Kinesiology and Physiatry*

Physiotherapist

Orthotic Technician

Garikoitz Aristegui Racero



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Personal Information

Last name: Aristegui Racero **Name:** Garikoitz **DOB:** 10/04/1974
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Education

- **Public Health and Epidemiology PhD.** Basque University. Preventive and Public Health Medical Department. 2016.
- **Graduate in Kinesiology y Physiatry.** Buenos Aires University. Argentina. 1996-2000. (Homologated to Physiotherapy degree in Spain)
- **Orthotic Technician.** CEFOA. 2019

Other Studies

- **BSPTS Concept by Rigo Therapist.** Barcelona Scoliosis Physical Therapy School (BSPTS). 2012.
- **SEAS Therapist.** Instituto Scientifico Italiano Colonna Vertebrale (ISICO). 2011.
- **Global Postural Reeducation Therapist.** Phillippe E. Shouchard. 2004.
- **Myofascial Induction Therapist.** Andrzej Pilat. 2008.
- **Manual Therapy and Osteopathy Therapist.** SINERGIA. 2003.
- **Sports Physiotherapist.** SINERGIA. 2002.

Work experience

- **Scoliosis & Posture Center.** San Sebastian. 2017 on
- **General Manager of BSPTS (Barcelona Scoliosis Physical Therapy School), by Dr. Rigo.** 2019 on.
- **Sinergia Physiotherapy and Research.** Orio. 2002-2017.
- **Orio Olympic Rowing Team.** Physiotherapist. 2002-2017.
- **Zarautz Rugby Team.** Physiotherapist. Desde 2004-2017.

Teacher

- **BSPTS Concept by Rigo International Instructor.** 2017 on.
- **Academic coordinator: Online Course about Scoliosis Idiopathic. Basic knowledge and other spinal deformities.** 2020.
- **Scoliosis Idiopathic. Basic knowledge and other spinal deformities.** Nairobi University. Kenya. 2019.

- **Scoliosis Idiopathic. Basic knowledge and other spinal deformities. Argentina.** 2019.
- **Basque Country University Summer Course. Impact of new technologies on health.** 2019
- **Academic coordinator and lecturer in the Manual Therapy and Posture postgraduate course. Basque Country University.** 2018 on.
- **Basque Country University Summer Course. Scoliosis Idiopathic.** 2018
- **Academic coordinator and lecturer in the Postural Reeducation postgraduate course. Basque Country University.** 2012-2013/2013-2014.
- **Lecturer in the Orthopaedic postgraduate. Basque Country University.** 2010-2011

Publications

- **Aristegui G, Ayllon L. The diagnosis is... Scoliosis.** Garaiko produkzioa. 2018. Translate to 12 languages: English, Spanish, Basque, Catalan, Portuguese, France, German, Italy, Greek, Turkish, Russia and Duch.
- **Member of Cochrane Collaboration. School-Based Education Programs for Improving Knowledge of Back Health, Ergonomics and Postural Behavior of School Children aged 4-18: A Systematic Review.** Author with J. Bettany-Saltikov in process.
- **Examiner of Thesis.** Gokulakannan Kandasamy. Development and Evaluation of a Low Cost, 3D Imaging Mobile Surface Topography System (MSTS) for Measuring Posture and Back Shape in Clinical Setting. Teeside University. 2018.
- **Campbell Collaboration Disability Coorfinating Group reviewer.** 2018
- **Aristegui G. 2015. Effectiveness of an educational intervention on postural habits and prevention of back pain in children in the city of Donostia-San Sebastián (thesis) Spain:** Basque University; 183 p
- **Aristegui G. Lecture: Concept of relative muscle weakness in GPR. Repercussion in scapular humeral symptoms.** Basque Physiotherapy meeting. 2009
- **Pérez Irazusta I., Alcorta Michelena I., Aguirre Lejarcegui G., Aristegi Racero G., Caso Martinez J., Esquisabel Martinez R., López de Goicoechea Fuentes AJ., Martínez Eguía B., Pérez Rico M., Pinedo Otaola S., Sainz de Rozas Aparicio R. Clinical Practice Guideline on Low Back Pain.** Osakidetza. CPG 2007/1. Vitoria-Gasteiz.
- **Aristegui G. Efficacy of the Treatment of Global Postural Reeducation in adolescents with combined Idiopathic Scoliosis attended with a frequency of once a week.** Research aptitude. Advanced studies in Epidemiology and Public Health. 2003.
First research prize: Basque Physiotherapy Society Research Prize 2006
Published in: Philippe Souchart y Marc Ollier. La escoliosis. 2ª Edición. Noviembre 2005.

Societies

- **Active member of the International Society on Scoliosis Orthopaedic and Rehabilitation Treatment (SOSORT). 2012 on.**
- **President of the scientific committee of International Physiotherapy Congress in the Basque Country. 2013.**
- **Director of the Postural Education Workshop in the school. Basque Country. 2010-2011 / 2012-2013.**
- **Director of the Physiotherapy research team of the Basque Society of Physiotherapy. 2009-2013.**
- **Scientific committee member of the “Cuestiones de Fisioterapia” journal. Spain. 2009-2013.**